



South Central
Alabama
Mental Health

Supportive Housing Program



What is Supportive Housing?

Supportive Housing gives adults with serious mental illness a safe, affordable place to live — *not just treatment, but a real home.*

- Live in regular housing — not a hospital or treatment center
- You'll have your own lease or rental agreement
- You'll pay no more than 30% of your income for rent and utilities
- A Support Specialist or Case Manager will help you stay housed and connect to services
- You can choose whether to go to treatment programs like day treatment or outpatient services

➞ You May Qualify If You:

- Have a serious mental illness
- Do not have a good housing option

➞ You May **Not** Qualify If You:

- Have a main diagnosis of substance use
- Need hospital care or 24-hour nursing
- Have a main diagnosis of brain injury or intellectual disability
- Can't or won't follow a lease agreement

➞ How to Get Started:

- Talk to your therapist about a referral
- If approved, you may be placed on a waiting list

Want to learn more?

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