



South Central
Alabama
Mental Health



Real Help. Real Change.

Recovery Starts Here

We believe in the possibility of recovery for everyone. All individuals and families are welcomed at South Central Alabama Mental Health without judgment.



Assessment, Outpatient, and
Residential services



Medication-Assisted Treatment (MAT)



Walk-in Access Available



24/7 Crisis & Support Helpline

Call Now



Toll-Free:
1-877-530-0002



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How We Help

Services We Offer

- **Full continuum of care** — from assessment to outpatient and residential treatment
- **Personalized recovery** — plans built around your needs and goals
- **Comprehensive assessments** — matching you with the right level of care
- **Medication-Assisted Treatment (MAT)** — opioid, alcohol, and nicotine use disorders
- **Care Without Barriers** — sliding fee scale & all insurance accepted

What to Expect

- You will be treated with **respect and compassion**
- We will **listen without judgment**
- We will help you **find solutions that work for you**

Who We Serve

- Adolescents and adults facing substance use challenges
- Anyone concerned about their own or a loved one's substance use
- **Everyone is welcome, no matter where you live or if you can pay**

Open Access

During open access, individuals can begin services without an appointment, including substance use services for both adults and adolescents.

Not sure if this is for you?

If you're asking that question — it's okay to reach out.

Learn more



Visit our website
www.scamhc.org

