



South Central
Alabama
Mental Health

Rehabilitative Day Program

Helping Adults Build Skills, Confidence & Community

Rehabilitative Day Program (RDP) is a program for adults living with mental health challenges.

RDP helps participants:

- Build daily living and social skills
- Work toward personal goals
- Manage symptoms
- Connect with others in a safe and supportive setting

Who Can Join?

You may qualify if you:

- Have a mental health diagnosis
- Need daily support to stay on track
- Have challenges with social skills or problem-solving
- Want help managing symptoms

The Rehabilitative Day Program offers a positive, structured setting where participants receive support to reach their personal goals. The program includes activities that help build life and social skills, manage mental health symptoms, and provide a safe space to grow and connect with others.



Butler: 334-382-2018
Coffee: 334-347-5905

Covington: 334-428-5054
Crenshaw: 334-335-5201



www.scamhc.org